

WELLNESS CENTER

PLACE OF COMPLETE RELAXATION

EXT 301 OR 302



KUZUKO LODGE
P L A C E O F G L O R Y

WELLNESS MENU

SIGNATURE TREATMENT

GLORIOUS RELAXATION

This glorious treatment commences with a full body exfoliation, followed by a vanilla hydrating body wrap, which is then ended off with a soothing full body hot stone massage to uplift the mind, body and soul.

120 min R1300

GLORIOUS MASSAGE COLLECTION

FULL BODY SWEDISH MASSAGE

60 min R720

Enjoy a soul reviving full body massage designed to enhance, relax and restore the body.

FULL BODY DEEP TISSUE MASSAGE

60 min R765

This specialised massage focuses on the deeper layers of muscle tissue. It releases tension, removes toxins, while relaxing and soothing the muscle.

RELAXING BACK, NECK & SHOULDER MASSAGE

30 min R495

A combination of massage techniques to ease back ache and relieve muscular tension, while the gentle flowing movements help to calm, relax and soothe the senses.

DEEP TISSUE BACK, NECK & SHOULDER MASSAGE

45 min R595

A massage focused on the deeper layers of muscle tissue which releases tension, removes toxins, while relaxing and soothing the muscles.

HOT STONE MASSAGE

Warm basalt lava stones is used, to create a sedative and soothing feeling, an escape for body, mind and soul.

Full Body

90 min R765

Neck, back and shoulders

45 min R620

KAROO NECK, FACIAL & SCALP MASSAGE

45 min R495

Deep relaxing face and head massage to destress mind and scalp.

INDIAN HEAD MASSAGE

30 min R365

Deep relaxing head and shoulder massage to destress mind and scalp.

COUPLES MASSAGE COLLECTION

Enjoy a couple's massage of your choice with your loved one or friend in the exclusive multiple treatment facility

Couples Relaxing Back Neck & Shoulder

30 min R900

Couples Swedish Massage

60 min R1380

Couples Hot Stone Back & Neck Massage

45 min R1100

Couples Hot Stone Massage

90 min R1400

EXPRESS COLLECTION

Head & Shoulder Massage	30 min	R330
Karoo Foot & Leg Massage	30 min	R330
Hand & Arm Massage	20 min	R330
Foot Soak & Massage	30 min	R330
Karoo Scalp Massage	20 min	R330
Express Manicure	30 min	R330

FACIAL COLLECTION

ANTI-AGING FACIAL	60 min	R760
--------------------------	---------------	-------------

This rich rejuvenating facial will reduce the signs of ageing by regenerating the skins natural collagen and elasticity. The healing active ingredients also help retard the signs of ageing.

THE HYDRATING FACIAL	60 min	R780
-----------------------------	---------------	-------------

The perfect "after Game Drive" treatment. An intensive moisturising facial stimulating collagen and elasticity for a firmer, more hydrated looking complexion.

DEEP CLEANSING FACIAL	60 min	R755
------------------------------	---------------	-------------

A clarifying facial for oily/problematic skin using a special brush to rid the skin of oil and impurities, followed by a lymph drainage massage.

ADD ON:

Lash Tint		R100
Brow Tint & Shape		R130
Lash & Brow Tint & Shape		R150

HAND AND FOOT COLLECTION

CLASSIC MANICURE	45 min	R420
LEGACY MANICURE	60 min	R495

Includes a moisturizing paraffin wax dip.

CLASSIC PEDICURE	45 min	R450
LEGACY PEDICURE	60 min	R560

Includes a moisturizing paraffin wax dip.

KAROO FOOT RITUAL	30 min	R360
--------------------------	---------------	-------------

Enjoy a relaxing foot soak followed by exfoliation, revitalizing foot mask and massage.

ADD ON:

French Polish	20 min	R50
Nail Shape & Paint	30 min	R110

WAXING

Full Leg		R250
Half Leg		R200
Full Bikini		R150
Full leg with Bikini line		R330
Underarm		R100
Forearms		R110
Chin or Eyebrow or Lip		R 80

BODY COLLECTION

DETOX JOURNEY	80 min	R950
----------------------	---------------	-------------

For clients in need of a detox, this journey begins with a full body exfoliation, which is then followed by a detoxifying vanilla and peppermint wrap to stimulate the senses and rid the body of toxic accumulation. Ended off with a full body massage.

ANTI-AGEING

HYDRATING BODY WRAP

60 min

R700

This beautifully textured wrap leaves the skin silky soft and hydrated, while the blend of essential oils improves blood circulation.

ROMANCE

ULTIMATE SKIN SENSATION

80 min

R1770

This package includes a full body exfoliation and hydrating vanilla body wrap followed by a full body massage which leave the skin silky soft and hydrated, while the blend of lavender essential oils will leave your skin irresistible.

SALT GLOW

60 min

R1040

Perfect for the summer, this treatment includes a full body exfoliation to get rid of those winter layers your skin has build up. Followed by a moisturizing full body massage, leaving you with a summer glow.

MENS COLLECTION

BACK CLEANSE

45 min

R560

Pamper your back with an exfoliation and deep pore steam cleanse, followed by a relaxing back, neck and shoulder massage.

WAXING:

Chest

R23

Back

R280

TEEN & KIDS COLLECTION

JUNIOR FACIAL

30 min

R330

A clarifying, express facial to refresh and cleanse the skin from any impurities.

GROWING PAINS MASSAGE

30 min

R375

School and sports just take it out of kids these days, so here is a great way to put a little relaxation back in. For a special treat, or for sore, stiff muscles, this one will get them going again.

Teen Manicure

30 min

R250

Teen Pedicure

30 min

R300

Shape & Colour Varnish

15 min

R 70

SPA ESSENTIALS

* **Spa Facilities:** Kuzuko Wellness Centre offers packages and programs to all guests. Keeping the atmosphere is of utmost importance that all cell phones need to be on silent.

* **Spa Treatments:** All treatments are subject to therapist availability. Prices are subject to change without notice and are inclusive of VAT.

* **Punctuality:** Guests are requested to arrive 10 minutes prior to their treatment, in order to complete a consultation card. Please alert your therapist of any medical conditions or allergies you may suffer from.

* **Safety:** Please ensure all valuables are locked away in your safe in the room.

* **Disclaimer:** Any person entering the Spa facilities does so entirely at their own risk and agrees that Kuzuko Lodge (therapists and management) shall not be held liable for any loss, injury, damage and/or compensation of any nature.

* **Gratuities** are not included in the treatment price, it is at your own discretion to add gratuity.

* **Game drive exchange:** When you miss a game drive you can exchange it for a wellness treatment of your choice at the value of R260.00

